



Vanita Vishram Women's University

(1st Women's University of Gujarat)

Athwagate, Surat, Gujarat, India-395001

(Recognized under the Provisions of Gujarat Private Universities Act, 2009)

P.G. Diploma in Dietetics

Introduction of the Course:

The Post Graduate Diploma in Dietetics is a one-year professional program that is designed in a way to equip the students to serve as dietitians. This course enables them to be entitled for internship that is a pre requisite for the most reputed exam of Registered Dietitians. The course design is such that it will enable them to work in hospital settings as well as be self-entrepreneurs. Students will be trained in a way that they will be able to work as an integral part of the Health care team.

Program Specific Objectives (PSOs):

- Introduce the students to the Professional aspects of Dietetics.
- Make them understand the characteristics of the different sectors of the Health Care team: including planning and preparing meals in hospital set-up.
- Develop skills wherein they understand the role of a dietitian such as marketing, finance and human resource management.
- Create awareness among them about the current and future trends in the industry and also help to determine food safety and entrepreneurship.
- Provide an opportunity for developing their personal and professional skills, through the incorporation of wide range of exposure programmes like internships, field visits, guest lectures, training programmes etc.

Program Specific Outcomes (PSOs):

- Students will be equipped with the skills and knowledge that are essential for functioning in the field of Dietetics.
- They will develop professional behavior and competencies in handling hospital set ups, counseling and food handling.
- They will also develop a scientific outlook towards the medical nutrition aspects for diseased conditions.
- Students will be able to counsel the patients and also work in the community.
- They will develop competencies that will enable them to start entrepreneurial ventures.

Duration of the Program:

1 year including Internship

Minimum Eligibility:

Graduate in Foods and Nutrition/ Clinical Nutrition and Dietetics/ Public Health Nutrition/ Applied Nutrition/ Pure Sciences/ Life Sciences/ Medical and Para- Medical Sciences

Salient Features of the Program/Course:

- State-of-the-art Computer Lab
- In accordance with the to-be-implemented NEP (National Education Policy, 2020)
- Interdisciplinary as well as multidisciplinary
- Practical-oriented, skill-based & vocation-based
- Based on experiential learning
- Greater exposure to internship, hands-on training, project work, field work, presentation etc.
- Mode of teaching shall be hybrid (Online + Offline)
- Qualified & Competent Faculty Members for effective teaching-learning
- Employment-Generating

Fee Structure:

Semester 1 | Rs.24900/-

Semester 2 | Rs.20850/-

Course Structure:

Semester 1	Semester 2
Core Course 1 Human Physiology & Pathophysiology	Core Course 4 Food Safety and Toxicology
Core Course 2 Nutritional Biochemistry and Pharmacology	Core Course 5 Advanced Nutrition
Core Course 3 Therapeutic and Clinical Nutrition I	Core Course 6 Therapeutic and Clinical Nutrition II
Core Course Practical Therapeutic and Clinical Nutrition I	Core Course Practical Therapeutic and Clinical Nutrition II
Core Course Practical Dietetic Techniques and Institutional	Internship
Project work	-

Job Opportunities:

- Clinical Dietitians in Hospitals
- Private consultant and Practitioner
- Gymnasiums
- Slimming Centres
- Sports and Health Clubs
- Corporate canteens
- Schools



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