

**VANITA VISHRAM WOMEN'S UNIVERSITY**  
**SCHOOL OF HUMANITIES & SOCIAL SCIENCES**  
**DEPARTMENT OF PSYCHOLOGY**



**MASTER OF ARTS (M.A.) PSYCHOLOGY PROGRAMME**  
**(Clinical Specialization)**

**SEMESTER 3**

**Core Courses**

*Syllabus applicable to the students seeking admission in the following programmes*

**M.A. Psychology**

**w.e.f. the Academic Year 2022-23**

# **CORE COURSE PAPER 8**

## **PS21120**

### **Theories of Personality**

#### **Course Objectives**

The course aims to:

- Understand the nature of personality theories
- Analyse several psychodynamic theories
- Exploring the vast and dynamic personality structure
- Learn various techniques to measure different dimensions of personality

#### **Course Outcomes**

At the end of the course, the students will be able to:

- Remembering the concepts important to the concept of Personality
- Understanding the contributions of different theories in the field of personality.
- Applying the theories and approaches into practice while working in the field.
- Creating an ability to master the assessment and understanding human personality.

### **COURSE CONTENTS**

#### **Unit 1 The nature of Personality theory**

- Definition and Nature of Personality
- What is a theory?
- Personality theory and other psychological theories
- Comparison of theories of personality

#### **Unit 2 Psychodynamic theories**

- Sigmund Freud
- Carl Jung
- Alfred Adler
- Karen Horney and Erik Erickson

#### **Unit 3 Personality Structure**

- Henry Murray
- Gordon Allport

- Eysenck
- Kelly's Personal Construct

### **Unit 4 Measuring Personality**

- Projective Techniques
- Self report measures
- Behavioural Checklist
- Ethics in assessment

### **Reference Books:**

- Hall, C, S., Lindzey, G., and Campbell, J.B. (1997). Theories of Personality, fourth edition, Wiley Publication.
- Schultz, (2013). Theories of Personality, 10th edition. Cengage Learning

# **CORE COURSE PAPER 9**

**PS21130**

## **Crime and Psychology**

### **Course Objectives**

The course aims to:

- Explain crime and its different types
- Gain insight into the psychology behind crime and criminal activities
- Highlight the difference between mental illnesses and offensive behaviour
- Explain different assessments and techniques used in the criminal set up

### **Course Outcomes**

At the end of the course, the students will be able to:

- Remembering the concepts important in crime
- Understanding the contributions of psychology as a field in understanding crimes
- Applying the theories and approaches of psychology in criminal behaviour
- Evaluating the role of mental illness in criminal behaviour
- Creating an ability to conduct assessments for understanding criminal behavior

## **COURSE CONTENTS**

### **Unit 1 Introduction to Crime**

- Definition Crime
- Types of Crimes
- Difference between Criminal Psychology and Forensic Psychology
- Crime and Psychology

### **Unit 2 Psychology behind Criminal Behaviour**

- Psychodynamic Therapies
- Evolutionary Perspective
- Childhood experiences
- Finkelhor's Precondition Theory

### **Unit 3 Mental Illness and Offensive Behaviour**

- Antisocial Personal
- Substance Abuse

- Disruptive, Impulse Control and conduct disorder
- Sexual dysfunction

#### **Unit 4 Assessment used in Criminal Setup**

- Thematic Apperception Test
- Rorschach Inkblot Test
- Draw a Person Test
- House, Tree and Person Test

#### **References:**

- American Psychiatric Association: “Diagnostic and Statistical Manual of Mental Disorders”, DSM-5 (5th Edn)
- Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). Abnormal Psychology, 13th Edn. Pearson Education, India.
- Sarason, I.G, & Sarason, R.B. (2002). Abnormal psychology: The problem of maladaptive behaviour (10th ed.). Delhi: Pearson Education.
- Davison, G.C., Neal, J.M. & Kring, A.M. (2004). Abnormal psychology. (9th ed.). New York: Wiley.
- Comer, R.J. (2007). Abnormal psychology (6th ed.). New York: Worth Publishers.

**CORE COURSE PAPER 10**  
**PS21140**  
**Advanced Research Methodology**

**Course Objectives**

The course aims to:

- Evaluate different experimental designs
- Create an understanding of single factor experiments
- Explain single factor design and randomised complete block design
- Develop adequate understanding about research and experimental design

**Course Outcomes**

At the end of the course, the students will be able to:

- Remembering the concepts important in Psychology and Social Science Research
- Understanding the methods and purpose of different research methods.
- Applying the concept of research in practising research.
- Evaluating different research methods to understand the application of each method.
- Creating an ability to conduct ethical research.

**COURSE CONTENTS**

**Unit 1 Experimental Designs: An Introduction**

- What are experimental designs?
- Experimental designs as variance control
- Types of experimental designs
- Basic terminologies in statistical analysis and experimental designs

**Unit 2 Single Factor Experiment**

- Fixed effect and random effect models
- Equal sample sizes
- Test for trends
- Unequal sample sizes

**Unit 3 Single factor design and randomised complete block design**

- Comparison of design with and without repeated measures

- Blocking
- Randomised complete block design (single subject)
- Randomised complete block design (in subject each cell)

#### **Unit 4 Factorial Experiments: Two factors (pXq)**

- Factors and assumption
- Equal cell frequencies and homogeneity of error of variance
- Replicated Experiments
- Two factor nested design

#### **Reference Books:**

- Broota, K.D. Experimental design in behavioural research. New age
- King, B.M. and Minimum, E.W. (2011). Statistical Reasoning in the Behavioural Sciences, 5th Edition, Willow Publication
- Singh, A.K. (2010). Test, Measurements and Research Methods in Behavioural Sciences, Pearson

## DEPARTMENT ELECTIVE 1

PS24010

### Psychopathology I

#### Course Objectives

The course aims to:

- Gain insights about various mental disorders and paradigms related to the same
- Explain causes for several mental disorders and how can these be identified
- Analysing treatment options for these mental disorders and developing skills to learn the same
- Apply these skills in the form of roleplays and other classroom activities

#### Course Outcomes

At the end of the course, the students will be able to:

- Remembering the basic symptoms and getting familiarised about different disorders.
- Understanding the causes and behaviour during different disorders.
- Applying the understanding of the disorders into field practice.
- Analysing behaviour to identify the disorder.
- Evaluating treatment plans for psychological disorders.
- Creating skills identifying and treating psychological disorders.

### COURSE CONTENTS

#### Unit 1 Introduction to Mental Disorders and Paradigms

- Concept of normal, abnormal, mental health and mental disorder
- Diagnostic and Statistical Manual of Disorder -Introduction and History
- International classification of mental disorders - Introduction and History
- Various Paradigms in Psychopathology- Biological, Psychoanalytical, Behavioristic, Cognitive, Humanistic-existential, Diathesis- Stress Model.

#### Unit 2 Neurodevelopmental Disorders, Schizophrenia Spectrum & Other Psychotic Disorders.

- Definition of Neurodevelopmental Disorders, Schizophrenia Spectrum & Other Psychotic Disorders.
- Types of Neurodevelopmental Disorders, Schizophrenia Spectrum & Other



Psychotic Disorders.

- Causes of Neurodevelopmental Disorders, Schizophrenia Spectrum & Other Psychotic Disorders.
- Treatment of Neurodevelopmental Disorders, Schizophrenia Spectrum & Other Psychotic Disorders.

### **Unit 3 Depression, Anxiety, Obsessive-Compulsive, Trauma and Stress Related Disorders**

- Definition of Depression, Anxiety, Obsessive-Compulsive, Trauma And Stress Related Disorders
- Types of Depression, Anxiety, Obsessive-Compulsive, Trauma and Stress Related Disorders
- Causes of Depression, Anxiety, Obsessive-Compulsive, Trauma and Stress Related Disorders
- Treatment of Depression, Anxiety, Obsessive-Compulsive, Trauma and Stress Related Disorders

### **Unit 4 Dissociative Disorders, Somatic Symptom Related Disorders, Eating, Elimination And Sleep-Wake Disorders**

- Definition of Dissociative Disorders, Somatic Symptom Related Disorders, Eating, Elimination and Sleep-Wake Disorders
- Types of Dissociative Disorders, Somatic Symptom Related Disorders, Eating, Elimination and Sleep-Wake Disorders
- Causes of Dissociative Disorders, Somatic Symptom Related Disorders, Eating, Elimination and Sleep-Wake Disorders
- Treatment of Dissociative Disorders, Somatic Symptom Related Disorders, Eating, Elimination and Sleep-Wake Disorders

### **Reference Books:**

- American Psychiatric Association: “Diagnostic and Statistical Manual of Mental Disorders”, DSM-5 (5th Edn)
- Carson, R.C., Butcher, J.N., Mineka, S., & Hooley, J.M. (2007). Abnormal Psychology, 13th Edn. Pearson Education, India.
- Sarason, I.G, & Sarason, R.B. (2002). Abnormal psychology: The problem of maladaptive behaviour (10th ed.). Delhi: Pearson Education.
- Davison, G.C., Neal, J.M. & Kring, A.M. (2004). Abnormal psychology. (9th ed.). New York: Wiley. Comer, R.J. (2007). Abnormal psychology (6th ed.). New York: Worth Publishers.

## DEPARTMENT ELECTIVE 2

### PS24030

#### Psycho diagnostics: Procedure and Techniques

##### Course Objectives

The course aims to:

- Introduce the concept of psychodiagnostics and different assessments
- Explain the applications of psychodiagnostics
- Explore various assessments, their introduction and their application in a clinical setting
- Highlight the theoretical significance of these assessments and how that is relevant to the practical understanding of the same

##### Course Outcomes

At the end of the course, the students will be able to:

- Remember Various Psychotherapies and its basic procedure.
- Understand the effectiveness of specific psychotherapy in solution of particular problem
- Apply the different psychotherapeutic skills.
- Analyse the various therapeutic approaches and the application of it.
- Evaluate the need for therapy and develop the necessary skills to administer them.
- Create a practical comprehension about therapies.

### COURSE CONTENT

#### Unit 1 Introduction to psychodiagnostics

- Defining Psychodiagnostics and assessments
- Need of psychodiagnosis
- Ethics in assessments

#### Unit 2 PSYCHODIAGNOSTIC PROCEDURE-I

- Personality Inventories- MMPI-2, MCMI, IPD
- Depression and Mania: Beck's Depression Inventory, Hamilton Depression Scale, Young Mania
- Anxiety: State trait anxiety inventory and Beck anxiety Inventory

### **Unit 3 PSYCHODIAGNOSTIC PROCEDURE-II**

- Neuropsychological Test: PGI, BBD, MMSE
- Projective Techniques: Rorschach Ink-Blot Test, Murray TAT
- Test for LD: NIMHANS SLD, DTLTD

### **Unit 3 PSYCHODIAGNOSTIC PROCEDURE-III**

- Intelligence Tests: Wechsler's Intelligence Scale for Children, Wechsler's Adult Intelligence Scale, Bhatia intelligence battery, SPM/RSPM
- Behavioural Disorders: SNAP-4, ISAA, CARS
- Informal checklist: OCD, Depression, ADHD

### **Reference Books:**

Psychological Testing & Assessment (2016). Pearson Customised Edition. ISBN: 9781784482855

## **CORE COURSE PRACTICAL**

**PS21150**

**Psychometric Testing - III (PRACTICALS)**

- Psychometric Testing to be done in group set-up.

## **CORE COURSE PRACTICAL**

**PS21160**

**Project (PRACTICALS)**

- Practicum based on Internships.