

#### VANITA VISHRAM WOMEN'S UNIVERSITY

(Managed By: Vanita Vishram, Surat)

1st Women's University of Gujarat





### MAGNIFIQUE

E-Newsletter for the School of Humanities and Social Sciences

Issue Month: Oct. to Jan 2024

#### MESSAGE FROM THE HON'BLE PROVOST, DR. DAXESH THAKAR



Dear students.

I am constantly inspired by the dedication and passion that every one of you brings to your education. Your commitment to learning and growth is truly admirable, and I am proud to be a part of a community that values knowledge and personal development.

I want to encourage each of you to continue pursuing your goals with determination and resilience. I want to remind you of the words of Nelson Mandela, who said, "Education is the most powerful weapon which you can use to change the world." Embrace new ideas and perspectives, and never stop seeking knowledge. The world is constantly evolving, and it is up to each of us to be lifelong learners and agents of positive change. Keep pushing forward, stay focused, and never lose sight of your potential.

Lastly, I leave you with the wisdom of Albert Einstein, who said, "The only source of knowledge is experience." Embrace every opportunity to learn, grow, and expand your horizons. Your journey through university is not just about acquiring knowledge, but about gaining a deeper understanding of the world and your place in it.

Best wishes for a successful and fulfilling academic year.

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# Featuring the radiant spirit of SOHASS



In the collective glow of our beloved faculty, we witness the united spirit and enthusiasm that characterizes the lively academic family of SOHASS.

# PSYCHOLOGY FEST



The Department of Psychology recently hosted **PSYNAPSE 2024**, a vibrant psychology fest, **aimed at bridging the gap between society and mental health**. Held at the BajiGauri Open Air Theatre, Vanita Vishram, on Saturday, January 20th, 2024, the event was visited by school and college-going students alongside numerous mental health professionals.



The fest was also graced by the presence of **Dr. Priya Rajkumar**, Head of the School of Liberal Arts & Human Sciences at Auro University, Surat, who shared valuable insights on the importance of mental health in today's society.

Under the able guidance of our Hon'ble Provost, Dr Daxesh Thakar, Psynapse was successfully convened by Dr Aditya Farsole along with the dedicated faculty and student body of the Department of Psychology. Psynapse provided a platform for meaningful dialogue and mental health awareness through various activities and games related to the human mind and behaviour.

# ENIGMA

#### THE SAHITYA FEST

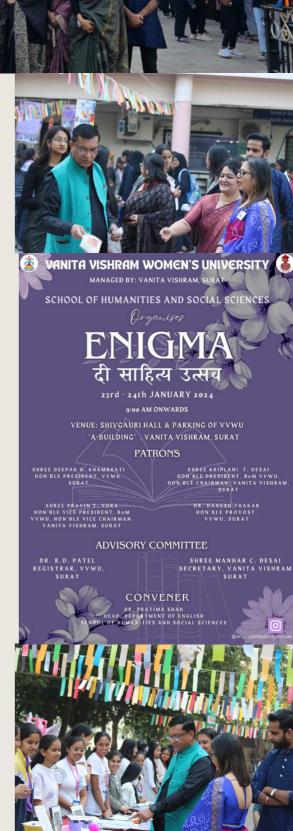


VVWU's School of Humanities and Social Sciences organized a Literature Festival - Enigma - दी साहित्य उत्सव on January 23rd and 24th, 2024 (Tuesday and Wednesday).

On the first day, **Dr. Purvi Kothari** delivered an expert session on Career Opportunities in Language and Literature, followed by **Dr. Naresh Shukla's** session on भारतीय इदावैभव. The day continued with the game of Jigsaw and an Open Mic session. The following day, **Kruti Desai** conducted a session on How to Ace an Interview, while **Himani Juneja** focused on Mindful Self-Care. **Dr. Nrendrasinh Gohil** enlightened participants on हिन्दी साहित्य का बदलता स्वरुप, followed by a game of Scavenger Hunt and another Open Mic session.

Students from various departments enthusiastically participated, managing stalls featuring Psychology, English literature, History, research, games, food, creative products, and tattoos, among other attractions.

The event was organized under the guidance and support of Hon'ble Provost, Dr. Daxesh Thakar, and coordinated by Dr. Pratima Shah, with the assistance of the Faculties of the School of Humanities and Social Sciences.



### STAY INSPIRED

શિક્ષાર્થીઓમાટેપ્રેરણા શિક્ષાનોસાગરછેઅમરા, જ્ઞાનનોપ્રવાહછેઅમરા, નીચેપડેલહોવુંનિહ, ઉપરઉડેલજાવુંનિહ. જ્ઞાનનોપ્રકાશબનેતમારીમાટે, આપેતમનેઉજાસઅનેસારીસાદ, શિક્ષાનોસાગરછેઅમરા, તમારીપ્રેરણાબનેતમારીમાટે.

જ્ઞાનનોપ્રવાહછેઅમરા, તમારીચિંતાનેમારીદૂરકરે, આપેતમનેશક્તિઅનેસાહસ, શિક્ષાનોસાગરછેઅમરા, તમારીપ્રેરણાબનેતમારીમાટે.

જ્ઞાનનોપ્રકાશબનેતમારીમાટે, આપેતમનેઉજાસઅનેસારીરાદ, શિક્ષાનોસાગરછેઅમરા, તમારીપ્રેરણાબનેતમારીમાટે.

# VVWU CLUBS- THEATRE GEEKS SESSION ON SHORT FILM MAKING







The VVWU CLUBS of Vanita Vishram Women's University organized a Session on Short Film Making on 3rd January 2024 under the Theatre Geeks Club today.

The session was conducted by Mr. Vishal Kulkarni, Film Director and Producer, and Music Teacher at Jeevan Bharti School, Surat. He showed a couple of short films and documentaries and enlightened students on how to make short films. Overall, it was a very informative session for the students where more than 100 students remained present.

The session was organized under the guidance and support of Hon'ble Provost, **Dr Daxesh Thakar**, VVWU Clubs Coordinator **Dr Pratima Shah** and Mentor of Theatre Geeks **Ms. Garima Tiwari**.



# DEPARTMENT OF HISTORY 1-MONTH INTERNSHIP

The students of the Department of History completed a one-month internship program in September 2023, at the Science Centre Surat and Surat Fort, both managed and governed by the Surat Municipal Corporation. The training program offered training on various fundamental aspects of Museum Studies and their application to preserving and conserving History. Dr. Vidushi Choksi coordinated the internship program.



# VVWU'S FIRST EVER CONVOCATION

VVWU proudly hosts its inaugural Convocation ceremony, where <u>36 deserving students</u> from the SOHASS were awarded their master's degrees.



વનિતા વિશ્રામ વિમેન્સ યુનિવર્સિટીનો પ્રથમ પદવીદાન સમારોહ યોજાયો



### Solitude

#### BY ELLA WHEELER WILCOX

Laugh, and the world laughs with you;
Weep, and you weep alone;
For the sad old earth must borrow its mirth,
But has trouble enough of its own.
Sing, and the hills will answer;
Sigh, it is lost on the air;
The echoes bound to a joyful sound,
But shrink from voicing care.

Rejoice, and men will seek you;
Grieve, and they turn and go;
They want full measure of all your pleasure,
But they do not need your woe.
Be glad, and your friends are many;
Be sad, and you lose them all,—
There are none to decline your nectared wine,
But alone you must drink life's gall.

Feast, and your halls are crowded;
Fast, and the world goes by.
Succeed and give, and it helps you live,
But no man can help you die.
There is room in the halls of pleasure
For a large and lordly train,
But one by one we must all file on
Through the narrow aisles of pain.

### DR. GARIMA TIWARI'S PH.D



It's a matter of pride and joy for all of us as one of our faculty members, Ms. Garima Tiwari from English Department, SOHASS has been awarded a Ph.D. from MS Baroda University, her thesis was titled

"Psychology of Rasa, Emotions, and Experience in the Stage Plays of Mahesh Dattani".

Heartiest Congratulations, Garima Ma'am!

### अग्निपथ

वृक्ष हो भले खड़े हो घने हो बड़े एक पत्र छांह भी मांग मत, मांग मत, मांग मत अग्निपथ, अग्निपथ, अग्निपथ।

तू ना थकेगा कभी, तू ना रुकेगा कभी तू ना मुड़ेगा कभी कर शपथ, कर शपथ, कर शपथ अग्निपथ, अग्निपथ, अग्निपथ! -हरिवंश राय बच्चन



### Student's Achievements



Ms. Komal Chung [TYBA-English] and Ms. Ridhima Patel [FYBA - Psychology] -- students of SOHASS secured **Second & Third Position in Chess Tournament at Taluka- Khelmahakumbh 2.0** held at Broadway International School, Surat on 13th January 2024.

# SPORTS CORNER



#### Okinawakan Goju open Karate Championship 2023

Ms. Jisha Shihora, a student of FYBA English (Vanita Vishram Women's University, Surat) Won Gold in Kata & Kumite at Okinawakan Goju open Karate Championship 2023 organized at Shree Saraswati Vidhyalaya, Surat on17th December 2023.

### Student's Achievements





School of Humanities and Social Sciences Tug of War team for their impressive performance, securing the Runners Up position at Taluka Zone Khelmahakumbh 2.0 held at VDT School, Vanita Vishram on January 16, 2024.

# SPORTS CORNER



Ms Filzah Kadri, a student of TYBA English, secured the title of Team Event Champion and a remarkable Bronze Medal in the individual event at the Servo Hypersport F5 Gujarat State & Inter District Table Tennis Championship 2023. Her dedication and talent shone brightly at the SAG Sports Complex, Khokhra, Maninagar, from September 27th to October 2nd, 2023.

### Student's Achievements

Ms. Trisha Paul, a student of MA English, secured a well-deserved Silver Medal in the women's Team event alongside her partners, her dedication and exceptional talent shone brightly at the Campal Multipurpose Hall in Goa from October 29th to November 1st, 2023. This achievement not only brings honor to Ms. Trisha but also serves as an inspiration to aspiring athletes.



## SPORTS CORNER



Ms. Filzah Kadri, a student of TYBA English, did a remarkable performance at the District Khelmahakumbh 2. O, where she secured a well-deserved Gold Medal in the women's doubles and a Silver Medal in Mix doubles events alongside her partners. Her dedication and exceptional talent shone brightly at the Hill-high School, Vesu on 29 January 2024.

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#### **E-NEWSLETTER OF SOHASS**

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